OUR MISSION
North County Lifeline’s mission is to build self-reliance among youth, adults, and families through high-quality, community-based services.
Spreading Roots
In Our Community

North County Lifeline continues to go the extra mile to build the communities we serve from the ground up.

130+ County Dedicated Employees
Dear Community Partners,

Thank you for supporting Lifeline’s mission of promoting self-reliance. More than 5,300 individuals have relied on your support this year. With our continued partnership, North County Lifeline continues to work in the five key impact areas:

- **Youth Development**
- **Child Abuse and Domestic Violence Prevention & Intervention**
- **Behavioral Health**
- **Housing & Self-Sufficiency**
- **Human Trafficking Prevention & Intervention**

We know that how we deliver services are just as important as the outcomes. To that end, North County Lifeline adopted CAR²E, our core values guiding all of our work with clients:

Connected  Authentic  Resourceful  Responsive  Engaged

This year’s theme has become “There’s No Place Like Home”, because North County Lifeline is truly a home for youth, adults, and families on their road to self-reliance. Although we are not a housing provider for homeless individuals, stable housing is a primary issue for almost all of our clients. As we continue to grow many North County Lifeline programs now include apartments for clients who are overcoming significant challenges. We are dedicated to supporting victims of abuse from times of crisis through a lifetime of recovery.

We rely on the community for donations of time, talent, and treasure. Thank you for all that you do to support those who inspire us every day. Together, we can truly make a difference!

Sincerely,

Don Stump
Executive Director

Paul Garza
Board President
Lifeline

VOLUNTEERS

340 Volunteers & Interns

19,536 Hours of Service

$455,716 In Savings

Clinical Internship Program: University Partners

- CSU San Marcos – Master’s and Social Work Program
- Alliant – Clinical Psychology Doctoral Program
- USD – Professional Clinical Counseling Program
- Azusa Pacific – Marriage and Family Therapy Program
- CSU Pomona – Marriage and Family Therapy Program
- University of Louisville Kentucky – online Master’s and Social Work Program
- Touro University – online Marriage and Family Therapy Program
The hardships our youth clients face on a daily basis would be a deterrent to their success without preventative measures. Nearly a third of youth from low-income families fail to earn high school diplomas, and one out of five youth from low-income families are charged with an adult crime by the time they reach the age of 24.

In 2018-19, North County Lifeline’s Youth Development programs served over 1,800 at-risk youth between the ages of 6 to 17. Our services provided everything from a safe-haven from gang violence to clinical treatment for youth in the juvenile detention system.

90% of youth in the Community Assessment Team program had no entry, or re-entry, into the Juvenile Justice System.

98% of our youth clients feel safer and more engaged in their community.
Nearly a third of youth from low-income families fail to earn high school diplomas.

North County Lifeline’s Youth Development programs served over 1,800 at-risk youth between the ages of 6 to 17.

100% of Club Crown Heights high school seniors graduated in 2019.

“I started at Club Crown Heights as a little boy who was seeking a safe place from all of the drugs, gangs, & violence that surrounded me. Eight years later I’m leaving Club Crown Heights as a young man with a full ride to the University of California, San Diego. I couldn’t have done that without all of the help and support of the program & leaders at Club Crown Heights.”

2019 Club Crown Heights Graduate
Statistics show that 1 in 7 children in San Diego County have experienced some form of child abuse and/or neglect in the past year. Of these children, 4 out of every 10 also came from a home with other domestic violence issues. North County Lifeline’s child abuse and domestic violence programs give families the proper tools to manage anger and violent behavior so they can break the cycle of violence.

In 2018-19, North County Lifeline’s Child Abuse and Domestic Violence Prevention and Intervention programs served over 1,000 children and parents. These services included intensive home visits, parenting classes, as well as a 52-week domestic violence intervention program.

96% of parents enrolled in the Community Services for Families program improved their parenting skills and ability to provide a safe environment for their child(ren).

90% of participants in Lifeline’s 52-week Domestic Violence Offenders group were free from further arrests while in the program.

100% of families with children ages 5 and younger who needed well-child visits received them within three months through referrals or program services.
There's No Place Like Home

1 in 7 Youth/Adults
1 in 7 children have experienced some form of child abuse and/or neglect.

1,000+ Children/Parents
In 2018-19 North County Lifeline served over 1,000 children and parents.

96% Parents Improved
96% of enrolled parents improved their parenting skills.

“This group is a game-changer on helping me learn how to deal with my anger; I have learned how to not take things so personally, communicate my feelings, especially anger in my relationship. My family and friends have noticed a difference and I really have this group to thank for it.”

2018-19 Domestic Violence Program Client
North County Lifeline

BEHAVIORAL HEALTH

Many of North County Lifeline’s youth and adult clients have co-occurring mental health and substance abuse issues that require comprehensive and preventative mental health services. 21% of low-income youth ages 6 to 17 have been diagnosed with a mental health issue, and more than 50% of adults who experience a substance abuse disorder also had a co-occurring mental illness.

In 2018-19 North County Lifeline’s Behavioral Health programs provided mental health and substance abuse services for over 1,700 youth and adults. This was accomplished through school based child mental health services, teen suicide prevention, and adult addiction recovery support services.

98% of clients demonstrated a decrease, or no increase, in substance abuse while in the Recovery for Life program.

100% of the students in the HERE Now program who presented at initial assessment with thoughts of suicide and/or at-risk behaviors, were connected with services in the community, along with their parents/guardians.

92% of child and adolescent clients participating in individual, family, and/or group counseling in the School-Based Full Service Partnership program demonstrated improvement in their mental health symptoms as measured by CANS scores (California Child & Adolescent Needs & Strengths).
21% of low-income youth ages 6 to 17 have been diagnosed with a mental health issue.

North County Lifeline's Behavioral Health programs provided services to over 1,700 youth and adults.

92% of child/adolescent clients demonstrated improvement in their mental health symptoms.

I feel like even though the anxiety still happens, I know more of how to handle it now.

10th grade school-based client diagnosed with OCD, Generalized Anxiety Disorder, and depression.
North County Lifeline

HOUSING & SELF SUFFICIENCY

In San Diego County, approximately 350 youth turn 18 and leave the foster care system every year, many without a family, a support system, or a place to call home. Furthermore, 14% of San Diego’s population live under the federal poverty line, making it extremely difficult to find affordable and reliable housing.

In 2018-19 North County Lifeline’s Housing and Self Sufficiency programs provided services for over 300 families and former foster youth. Our services include transitional housing for youth and young adults leaving the foster care system, and providing families tools and opportunities that promote financial wellness and self-sufficiency.

86% of LifeSpring participants achieved full-time productivity by going to school or obtaining jobs within three months of move-in.

80% of transition age foster youth successfully complete the LifeSpring transitional housing and support program by moving on to safe and sustainable housing.

More than 75% of Communities in Action clients applied, received, or completed referral services.
More than 350 youth turn 18 and leave the foster care system every year.

86% of LifeSpring participants achieved full-time productivity in three months.

80% of foster youth successfully completed the LifeSpring program.

“I am a stronger woman than I was before!”

Foster youth graduating from the LifeSpring program.
North County Lifeline

HUMAN TRAFFICKING PREVENTION & INTERVENTION

Virtually no community in our region remains untouched by human trafficking. San Diego is one of the 13 highest sex trafficking areas in the United States and the number of victims in San Diego County continues to increase every year.

In 2018-19 North County Lifeline’s Human Trafficking Prevention and Intervention programs provided services for over 400 victims and at-risk youth. This was accomplished through 24/7 on-call victim services and prevention workshops. From addressing urgent needs through long-term stabilization, Project LIFE utilizes evidence-based, trauma-informed interventions that enable victims to overcome abuse and start on the path to physical and emotional healing.

Project LIFE trained more than 4,600 professionals and community members about human trafficking.

55% of clients made progress toward achieving their employment and educational goals.

65% of clients were stably housed.
Project LIFE supported 118 victims of sex and labor trafficking with emergency and ongoing support.

North County Lifeline provided prevention workshops for 300 youth at risk of trafficking.

71% of clients in Project LIFE have demonstrated increased well-being.

"North County Lifeline has helped me realize that I am no longer a victim of sex trafficking, but I am a survivor. Now I am mentally and emotionally healthy and on the road to recovery."

Project LIFE client and survivor of human trafficking
INDIVIDUALS AND FAMILY DONORS

Nicolò Addario
Ray and Jan Adler
John Amodeo
Breah Anderson
Christina Anderson
Greg and Tammy Angell
Rob and Kathy Anglea
R.M. Michaela Antone
Dayna Arinstein
Bruce Aster
Delcar Bakken-Savage
Jessica Baptie
Alicia Barbas
Rosemarie Barone
Thomas Barwick
Edward Bercera
Maggi Beckstrand
Nicole Beckstrand
Lauren Beilby
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Jeanne Bender
Melissa Betts
Sandip and Mayuree Bharti
Mary and Stephen Birmingham
Adam Bishop
Khalia Boiling
Amy Bolego Tweedy
Jeanine Bourcer
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Booms & Sid Brahmbhatt
Jennifer Briggs
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Gia Carvajal
Jaymee and Kristen Carvajal-Witek
Heather Catlin
Paul & Allison Cevolani
Juan Chacon
Ruby Chacon
Susan Hellenmark Childs
Elizabeth Christian
Deb Christianson-Ventrello
Jessica Clancy
Louise Clarke
Anna Claar
Deirdre Calbourn
Stacy Callins
Erik Conskin
John Connors
Kim Codley and Donnie Cox
Shana and Marty Cooper
Sydney Coven and Family
Johne Cruz
Kaela Cuchetto
Lisa Cumo
Nicole Cunningham
Erika Daniels
Charisma De Los Reyes
Bobbie Debro
Chairman Del Principe
Laura and Jason Desadier
Heather Dietsch
Kat Dirickson
Heather Dietsch
Laura and Jason Desadier
Charmaine Del Principe
Bobbie Deboer
Charisma De Los Reyes
Elijah Gladden
The Garza Family

Donors listed in bold are members of the Board of Directors. North County Lifeline has 100% Board of Directors participation in giving.
Thank You for Helping North County Lifeline Change Lives

Corporate

Abrazo Scottsdale Campus
Albertsons San Marcos Plaza
AmazonSmile
Astec Brewing Company
Belmont Village Sabre Springs
The Benevity Community Impact Fund
Cal Com Insulation
Cameron Fitness
Chick-fil-A
ChromaCode, Inc.
Coco’s Bakery Restaurant
Compound Solutions
Costo
Craft + Foster
Cravory Cookies
Datron Holdings, Inc.
Disneyland Rewards/Point of Light Foundation
Divine Blooms and Designs
East West Building Solutions
ELiveLife
Emerald Isle Golf Course
Equation Technologies
Ernest Packaging Solutions
Flippin Pizza
Floral Palette
Frazier Farms Oceanside
Frazier Farms Vista
Genetech
Hay House Publishing
Herringbone La Jolla
In-N-Out Burger Foundation
Insignia Environmental
Island Staffing
The Ken Blanchard Companies
Kigod Wine Merchant
KTOU Planning and Landscape Architecture
LC Paving
Le Wax Boutique
Oxenagen Therapeutics, Inc.
Los Tarascos
LPH Consulting Group Inc
LUXTERA, INC
Midigator
MilliporeSigma
Modern Times Beer
Mom's Kitchen
Moonlight Stage Productions
NICO Insurance Services, Inc.
Nield Law Group, APC
Noodles & Company - San Marcos
Nordson Corporation Foundation
Noteworthy Wellness
NVRSTP
Olive Garden
Oriental Trading Company, Inc.
Pabob
Rancho Mesa Insurance
Redbock
Robbins Research Inc.
San Marcos Unified School District
SCA Architecture
SDG&E
SDRC, LLC
Sempra Energy
Sharp Memorial
Slalom
Soupplantation
Starbucks (Melrose & Hacienda)
Starbucks (Sycamore & University)
Starbucks (Vista Village)
Strategic Insight
Strategic Response Partners, Inc.
Stronghold Jiu Jitsu
Survival Systems
T. Morrissey Corp. - MCC
Trader Joe's Oceanside
Tri-Ad
Tri-Net
Troutman Sanders LLP
U.S. Bank
Uber
Union Bank Foundation
VSPOne San Diego
The Wall Climbing Gym
The Wave Waterpark
Wellington Cellars
Wells Fargo
Wells Fargo Community Support Campaign
The Wild Thyme Company
Wines For Humanity
YourCause, LLC
Yum Yum Donuts

Community Organizations

Cakes4Kids
California State University San Marcos, Division of Community Engagement
Christ Episcopal Church
Encinitas Rotary Club Foundation
Family & Kids Foundation
Girl Scout Troop 1099 - Cardiff
H.E.R.O. Inc
Just In Time For Foster Youth
Kearney Mesa Athletic Center/Recovery Program Softball League
LePort Montessori School
Melba Bishop Pickleball Club
MOMS Club Of Carmel Mountain Ranch
Museum Of Making Music
New Community Church Of Vista
North Coast Church
North County African American Women’s Association
North County Philanthropy Council
Oceanside Elks Lodge #1061
Oceanside Rotary Club
Pacific Ridge School
Reindeer Games
San Diego Zoo Academy
Save Our Heritage Organization
Soroptimist International Oceanside-Carlsbad
Soroptimist International of Vista
The Woman’s Club of Vista
Tickets For Kids Charities
United Methodist Church of Vista
United Way of San Diego County
USS Midway Museum
Wine Moms
Woman’s Club Of Carlsbad

Foundations

Angel Society Of Fallbrook
California Community Foundation
Cushman Foundation
David C. Copley Foundation
David R. Clare and Margaret C. Clare Foundation
Hervey Family Fund At The San Diego Foundation
Kaiser Foundation Hospitals, San Diego
Lechtay Foundation
McCarty Family Foundation
National Christian Foundation California
Price Philanthropies Foundation
Community Impact Fund at the Rancho Santa Fe Foundation
San Diego Women’s Foundation
The William H. Donner Foundation, Inc.
Walter J. & Betty C. Zable Foundation

There’s No Place Like Home
## FINANCIALS

### Statement of Revenue and Expenditures
Unaudited, Fiscal Year ending June 30, 2018

### Revenue

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Federal</td>
<td>$ 302,658</td>
<td>3%</td>
</tr>
<tr>
<td>State</td>
<td>$ 1,199,078</td>
<td>10%</td>
</tr>
<tr>
<td>County</td>
<td>$ 7,421,823</td>
<td>64%</td>
</tr>
<tr>
<td>Cities</td>
<td>$ 122,707</td>
<td>1%</td>
</tr>
<tr>
<td>Schools</td>
<td>$ 140,688</td>
<td>1%</td>
</tr>
<tr>
<td>Private Donations</td>
<td>$ 1,427,252</td>
<td>12%</td>
</tr>
<tr>
<td>Fees, Rent, Interest</td>
<td>$ 80,629</td>
<td>1%</td>
</tr>
<tr>
<td>In-Kind Contributions</td>
<td>$ 890,410</td>
<td>8%</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td>$ 11,585,243</td>
<td>100%</td>
</tr>
</tbody>
</table>

### Expenditures

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Operating</td>
<td>$ 1,724,583</td>
<td>15.54%</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$ 203,067</td>
<td>1.83%</td>
</tr>
<tr>
<td>Youth Development</td>
<td>$ 3,771,028</td>
<td>28.57%</td>
</tr>
<tr>
<td>Child Abuse &amp; DV Prevention &amp; Intervention</td>
<td>$ 1,341,904</td>
<td>12.09%</td>
</tr>
<tr>
<td>Behavioral Health</td>
<td>$ 2,522,244</td>
<td>22.73%</td>
</tr>
<tr>
<td>Housing &amp; Self-Sufficiency</td>
<td>$ 765,434</td>
<td>6.90%</td>
</tr>
<tr>
<td>Human Trafficking Preventing &amp; Intervention</td>
<td>$ 1,370,447</td>
<td>12.35%</td>
</tr>
<tr>
<td><strong>Total Expenditures</strong></td>
<td>$ 11,098,707</td>
<td>100%</td>
</tr>
</tbody>
</table>

### Net Income

<table>
<thead>
<tr>
<th>Total Income</th>
<th>$ 486,536</th>
</tr>
</thead>
</table>
# Balance Sheet
## Unaudited, Fiscal Year ending June 30, 2018

## Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash</td>
<td>$ 648,702</td>
</tr>
<tr>
<td>Temporarily Restricted Support</td>
<td>$ 517,643</td>
</tr>
<tr>
<td>Grants Receivable</td>
<td>$ 1,372,501</td>
</tr>
<tr>
<td>Other Current Assets</td>
<td>$ 227,278</td>
</tr>
<tr>
<td>Property &amp; Equipment at cost, less depreciation</td>
<td>$ 1,956,408</td>
</tr>
</tbody>
</table>

**Total Assets**  
$ 4,722,532

## Liabilities

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts Payable &amp; Accrued Expenses</td>
<td>$ 252,491</td>
</tr>
<tr>
<td>Accrued Payroll, Taxes, and Benefits</td>
<td>$ 489,832</td>
</tr>
</tbody>
</table>

**Total Liabilities**  
$ 742,322

## Net Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted Net Assets</td>
<td>$ 3,462,567</td>
</tr>
<tr>
<td>Temporarily Restricted Net Assets</td>
<td>$ 517,643</td>
</tr>
</tbody>
</table>

**Total Net Assets**  
$ 3,980,210

## Liabilities & Net Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Liabilities &amp; Net Assets</td>
<td>$ 4,722,532</td>
</tr>
</tbody>
</table>

There's No Place Like Home
LOCATIONS

Vista
200 Michigan Ave, Vista, CA 92084

Oceanside
707 Oceanside Blvd, Oceanside, CA 92054

Administrative
3142 Vista Way, Suite 400, Oceanside, CA 92056

Club Crown Heights, La Casita
402 Brooks St, Oceanside, CA 92054

Club Crown Heights, La Escuelita
1210 Division St, Oceanside, CA 92054

The House, Drop-In Center
302 N Indiana Ave, Vista, CA 92084

Check out the NEW Lifeline website.

www.nclifeline.org

3142 Vista Way, Suite 400, Oceanside, CA 92056
Tel: 760-842-6201
Fax: 760-529-0421